

Professional Disclosure

Credentials

Bailey C. McDonald, LISW -CP • With a BA in Psychology from The University of South Carolina (1996) and Masters in Social Work from New York University (1998), my areas of experience include inpatient and outpatient work with children, adolescents, adults and families. For the past decade I have worked as a DBT therapist and skills trainer within The Standard Program developed and researched by Marsha Linehan for individuals who are chronically suicidal. I am intensively trained in Dialectical Behavioral Therapy, and treat a wide range of mental disorders, including but not limited to, depression, anxiety, OCD spectrum disorders and borderline personality disorder. I am trained in Exposure and Prevention therapy to treat OCD. I am also trained in ACT (Acceptance and Commitment Therapy).

I am a Licensed Independent Social Worker-Clinical Practice (license # 6151) regulated by the South Carolina Board of Social Work Examiners. My goal is to assist clients in strengthening their own unique sense of self and helping them gain knowledge and skill in building a life worth living in a validating, non judgmental, collaborative way.

Contact Info



Address: B. McDonald Therapy, LLC • 37 Villa Rd, Ste 206 • Greenville, SC 29615

Phone: (864) 248-6012 • Fax: (864) 412-8689

Email: bmcdonaldtherapy@gmail.com

Hours of Operation

Office hours vary depending on schedule. I arrange my own appointments.

Services Offered

- Individual therapy for adults and adolescents
- Consultation to Professionals
- Seminars and In-service meetings for professional groups

○ Fees ○

I do not file or take insurance.

80-90 minute assessment	\$200
45-50 minute individual session	\$115
50 minute session including others (family or friends)	\$175

B. Mcdonald Therapy, LLC Bailey C. McDonald, LISW-CP bmcdonaldtherapy@gmail.com

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Letters, paperwork, consultation	Hourly rate

Ethics

I am committed to providing excellent service in accordance with the Code of Ethics of the South Carolina Board of Social Work Examiners. The information you share during any session is considered confidential by statute law. I am, however, mandated by "duties to warn" to break confidentiality if any of the following is discovered:

- The client is threatening harm to self or suicide.
- The client is threatening to harm another or homicide.
- A child is being abused.
- A vulnerable adult is being abused.

Any client wishing to share confidential information with a third party must sign a **Release of Information Form.**